



Begin your day...

start your journal....

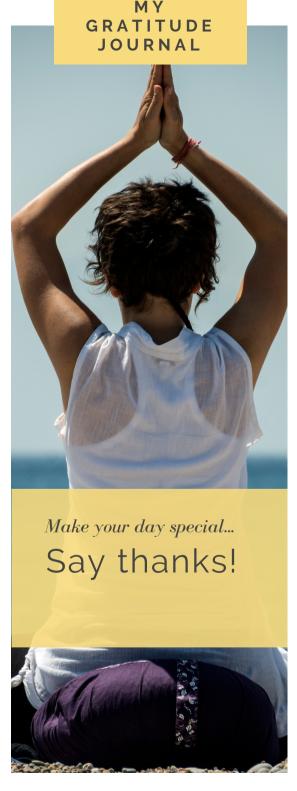
Today I'm feeling grateful and wonderfully blessed, my heart is filled and overflowing with an abundance of ...

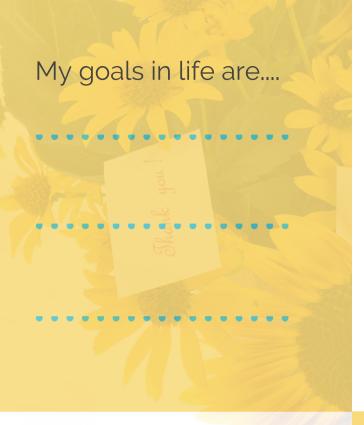
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For more on health check out

THE MOTTO EFFECT





WORD LIST

love, peace, joy, happiness, stillness ecstacy, bliss, oneness, spacious, expansive, meditative, spiritual, creative, self-expression, courage, knowledge, power

wisdom, truth, light, balance, glory harmony, guidance, intuitiveness, pampered, loved, secured, grace, divine, kindness, compassion, poise, strength

success, prosperity, kindness, fun intentional, productive, purposeful, amazing human being!



I'm growing everyday, in every single way and becoming the best version of who I'm meant to become.

I'm attracting positive people, events, resources, and opportunities that are in line with ...

my true highest purpose!





My purpose in life is...

Today an grateful.

Today is an amazing productive, intentional, fun, love and joy filled day!

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